

Bibliotherapy from The Book of Candlelight

Books for Communicating with a Teen

The Perks of Being a Wallflower by Stephen Chbosky

Prep by Curtis Sittenfeld

Thirteen Reasons Why by Jay Asher

All We Ever Wanted by Emily Griffin

How to Raise an Adult by Julie Lythcott-Haims

Screens and Teens: Connecting with Ours Kids in a Wireless World by Kathy Koch

Books for Teens with a Minority Viewpoint

The Hate U Give by Angie Thomas

I'm Not Your Perfect Mexican Daughter by Erika Sánchez

Dear Martin by Nic Stone

When Dimple Met Rishi by Sandhya Menon

The Boy in Striped Pajamas by John Boyne

Books for Young Widows

Widows Wear Stilettos: A Practical and Emotional Guide for the Young Widow by Carole Brody Fleet and Syd Garriet

I'm Grieving As Fast As I Can: How Young Widows and Widowers Can Cope and Heal by Linda Feinberg

The Love of My Life by Louise Douglas

Dream A Little Dream by Susan Elizabeth Phillips

Morning Glory by LaVyrle Spenser

Books for the Nature Lover

Coyote America: A Natural and Supernatural History by Dan Flores

The Lost Art of Reading Nature Signs by Tristan Gooley

The Botany of Desire by Michael Pollan

Prodigal Summer by Barbara Kingsolver

The Thing With Feathers by Noah Strycker.