

Nora Pennington's General List of Book Rxs

Book Rxs – For the Can't-Get-Out-of-Bed Breakup

Heartburn – Nora Ephron
Jane Eyre – Charlotte Bronte
Tender is the Night – F. Scott Fitzgerald
High Fidelity – Nick Hornby
Wild – Cheryl Strayed
Eleanor & Park – Rainbow Rowell
The Brief Wondrous Life of Oscar Wao – Junot Díaz
The Sun is Also a Star – Nicola Yoon
Stag's Leap: Poems – Sharon Olds
Forbidden - Beverly Jenkins

Book Rxs –For When Work Sucks

Bridget Jones's Diary – Helen Fielding
Fight Club - Chuck Palahniuk
The Devil Wears Prada – Lauren Weisberger
Bossypants – Tina Fey
The Subtle Art of Not Giving A F*ck – Mark Manson
The Pelican Brief – John Grisham
The Language of Flowers – Vanessa Diffenbaugh
Ready Player One – Ernest Cline
FARENHEIT 451 – Ray Bradbury

Book Rxs – For a Dose of Hope & Inspiration

A Man Called Ove – Fredrik Backman
Our Souls at Night – Kent Haruf
The Unlikely Pilgrimage of Harold Frye – Rachel Joyce
The Storied Life of A.J. Fikry – Gabrielle Zevin
The Kitchen God's Wife – Amy Tan
A Prayer for Owen Meany – John Irving
The Kite Runner – Khaled Hosseini
The Guernsey Literary and Potato Peel Pie Society – Mary Ann Shaffer and Anne Barrows
The Giving Tree - Shel Silverstein
Year of Yes - Shonda Rhimes
Bird by Bird – Anne Lamott
The Shack – William P. Young
Stand Tall Molly Lou Melon – Patty Lovell

Book Rxs –For a Quick Pick-Me-Up

Pride and Prejudice – Jane Austen
Can You Keep A Secret? - Sophie Kinsella
Sh*t My Dad Says – Justin Halpern
The Once and Future King – T.H. White
The Art of Racing in the Rain – Garth Stein
Major Pettigrew’s Last Stand – Helen Simonson
Harry Potter and the Sorcerer’s Stone - J.K. Rowling
Crazy Rich Asians – Kevin Kwan
Princess Diarist - Carrie Fisher
Hyperbole and a Half - Allie Vrosh
Hitchhiker’s Guide to the Galaxy – Douglas Adams

Book Rxs –For Rollercoaster Family Relationships

Cutting for Stone – Abraham Verghese
Letter to My Daughter – Maya Angelou
Naked – David Sedaris
Life After Life – Kate Atkinson
Hotel on the Corner of Bitter and Sweet – Jamie Ford
The Nest – Cynthia D’Aprix Sweeney
The Poisonwood Bible – Barbara Kingsolver
The Namesake – Jhumpa Lahiri
Ordinary People – Judith Guest
Where’d You Go, Bernadette – Maria Semple
We the Animals – Justin Torres
A Tree Grows in Brooklyn – Betty Smith
Running with Scissors – Augusten Burroughs
Big Little Lies – Liane Moriarty
Reconstructing Amelia – Kimberly McCreight

Book Rxs – Bearing A Big Sick

Fault in Our Stars – John Green
Gilead – Marilynne Robinson
The Middle Place – Kelly Corrigan
On Living – Kerry Egan
The Collected Works of T.S. Eliot
The Emperor of All Cancers: A Biography of Cancer – Siddhartha Mukherjee
The Still Point of the Turning World – Emily Rapp Black
The Last Lecture – Randy Pausch
Little Women – Louisa May Alcott
A Monster Calls – Patrick Ness
When Things Fall Apart – Pema Chodron

Book Rxs –To Be a Soft Blanket When You’re Grieving

Jonathan Livingston Seagull – Richard Bach
The Alchemist – Paolo Coelho
The Five People You Meet in Heaven – Mitch Albom
Me Before You – Jojo Moyes
A Grief Observed – C.S. Lewis
Death Be Not Proud – John J. Gunther
Life of Pi – Yann Martel
Charlotte’s Web – E.B. White
Option B - Sheryl Sandberg
Talk Before Sleep – Elizabeth Berg

Book Rxs – For When You Feel like an Outsider

Miss Peregrine’s Home for Peculiar Children – Ransom Riggs
Outsiders – S. E. Hinton
Wonder – R. J. Palacio
Invisible Man – Ralph Ellison
The Vampire Lestat – Anne Rice
Catcher in the Rye – J.D. Salinger
The Perks of Being a Wallflower – Stephen Chbosky
Stargirl – Jerry Spinelli
Challenger Deep – Neal Shusterman
To Kill a Mockingbird – Harper Lee
The Girl With the Dragon Tattoo – Steig Larson
The Bluest Eye – Toni Morrison
1984 – George Orwell

Book Rx - For Rising Up and Resisting

Bad Feminist
We Persist
AVALON: The Return of King Arthur by Stephen Lawhead